

FLAGSHIP BREAKFAST

APR

MENU 2024

PALO DURO CANYON



**ANNOUNCEMENTS:
BREAKFAST**
7:00 AM – 7:50 AM

PRICES
Paid: \$3.25
Reduced: NO COST
Free: NO COST

Breakfast includes;
entree, fat-free or 1%
milk and fresh fruit

Add funds
schoolcafe.com/betaacademy

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST
NO SCHOOL - HOLIDAY

2ND **Hot Entree** –
Turkey Sausage
Breakfast Pizza

Fruit – Applesauce and
Apple Juice

3RD **Hot Entree** –
Turkey Sausage, Egg,
and Cheese Bagel

Fruit – Oranges and
Apple Juice

4TH **Hot Entree** –Biscuit
with Jelly (V)

Fruit – Banana and
Apple Juice

5TH **Cold Entree** –
Blueberry Muffin Top
(V)

Fruit – Grapes and
Apple Juice

8TH **Cold Entree** –
Golden Grahams
Cereal (V)

Fruit – Diced Pears and
Apple Juice

9TH **Cold Entree** –
Cowboy Bread (V)

Fruit – Red Apple Slices
and Apple Juice

10TH **Hot Entree** –
Maple Belgium Waffle
(V)

Fruit –Oranges and
Apple Juice

11TH **Hot Entree** –Turkey
Sausage Biscuit
Sandwich

Fruit – Banana and
Apple Juice

12TH **Cold Entree** –Fruit
Flavored Yogurt and
Granola (V)

Fruit – Grapes and
Apple Juice

15TH **Cold Entree** –
Frosted Flakes Cereal
with String Cheese (V)

Fruit – Diced Pears and
Apple Juice

16TH **Hot Entree** –
Cinnamon Toast Crunch
Cream Cheese Filled
Bar (V)

Fruit – Red Apple Slices
and Apple Juice

17TH **Hot Entree** –Mini
French Toast Bites (V)

Fruit – Oranges and
Apple Juice

18TH **Hot Entree** –Honey
Chicken Biscuit
Sandwich

Fruit – Banana and
Apple Juice

19TH
**NO SCHOOL – STAFF
WORK DAY**

22ND **Cold Entree** –
Whole Grain Trix
Cereal (V)

Fruit – Diced Pears and
Apple Juice

23RD **Hot Entree** –
Cinnamon Glazed
Pancakes (V)

Fruit – Red Apple Slices
and Apple Juice

24TH **Hot Entree** –Egg,
Cheese, and Turkey
Sausage Burrito

Fruit – Oranges and
Apple Juice

25TH **Hot Entree** –Turkey
Sausage Biscuit
Sandwich

Fruit – Banana and
Apple Juice

26TH **Hot Entree** –Mini
Cinnamon Rolls (V)

Fruit – Grapes and
Apple Juice

29TH **Cold Entree** –
Frosted Flakes Cereal
(V)

Fruit – Diced Pears and
Apple Juice

30TH **Hot Entree** –
Blueberry Belgian
Waffle (V)

Fruit – Red Apple Slices
and Apple Juice



EXTRA SIDE OF MILK/FRUIT/VEGETABLE - \$0.50
SECOND BREAKFAST: \$3.25

Food and Nutrition Division
National School Lunch Program

SECOND LUNCH: \$4.50

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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This institution is an equal opportunity provider.

MENUS ARE SUBJECT TO CHANGE
V – Vegetarian

QUESTIONS? EMAIL: CNP@BETAACADEMY.ORG

Updated 4/1/2024
www.SquareMeals.org



FLAGSHIP 3-8 GRADE LUNCH

APR

MENU 2024

PALO DURO CANYON



ANNOUNCEMENTS:

PRICES
 Paid: \$4.50
 Reduced: \$0.40
 Free: NO COST

Lunch includes;
 entree, 1% fat unflavored or skim chocolate milk, vegetable, and fresh Fruit

Add funds
schoolcafe.com/betaacademy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 ST NO SCHOOL - HOLIDAY	2 ND Hot Entree –Beef and Cheese Taco with Rice Vegetable –Pinto Beans and Corn	3 RD Hot Entree – Popcorn Chicken with Ketchup Vegetable – Tater Tots and Broccoli	4 TH Hot Entree –Hot Dog (Turkey) Vegetable – Green Beans and Diced Carrots	5 TH Hot Entree –Deep Dish Cheese Pizza (V) Vegetable – Broccoli and Diced Carrots
8 TH Hot Entree – BBQ Chicken Sandwich Vegetable – Wedge Cut Fries and Broccoli	9 TH Hot Entree – Chicken Fajita Walking Taco Vegetable – Pinto Beans and Corn	10 TH Hot Entree – Grilled Cheese (V) Vegetable – Sweet Potato Fries	11 TH Hot Entree – Chicken Parmesan Penne Pasta Vegetable – Marinara Sauce and Green Beans	12 TH Hot Entrée (3-5 Grade Only)–Pull Apart Cheese and Garlic Bread (V) Vegetable – Broccoli and Diced Carrots
15 TH Hot Entree – Breaded Chicken Sandwich Vegetable – Crinkle Cut Fries and Green Beans	16 TH Hot Entree –Beef and Chile Burrito Vegetable – Pinto Beans and Sugar Snap Peas	17 TH Hot Entree – Popcorn Chicken with BBQ Sauce Vegetable – Green Beans and Broccoli	18 TH Hot Entree – Chicken Teriyaki Ramen Bowl (NEW!) Vegetable – Mixed Vegetables and Diced Carrots	19 TH NO SCHOOL – STAFF WORK DAY
22 ND Hot Entree –Beef Burger with Pepper Jack Cheese Vegetable – Tater Tots and Corn	23 RD Hot Entree – Chicken Tenders with Honey Mustard Dip Vegetable – Broccoli and Pinto Beans	24 TH Hot Entree – Spaghetti with Beef Meatsauce Vegetable – Marinara Sauce and Green Beans	25 TH Hot Entree – Korean Chicken Rice Bowl Vegetable – Corn and Green Beans	26 TH Hot Entree (3-5 Grade Only)–Mozzarella Cheese Stuffed Breadsticks (V) Vegetable – Diced Carrots and Broccoli
29 TH Hot Entree –Mini Corn Dogs (Chicken) Vegetable – Green Beans and Pinto Beans	30 TH Hot Entree –Hot Turkey and Cheese Sandwich Vegetable – Corn and Green Beans			



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SECOND LUNCH: \$4.50

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FLAGSHIP HIGH SCHOOL LUNCH

APR

MENU 2024

PALO DURO CANYON



ANNOUNCEMENTS:

PRICES

Paid: \$4.50
Reduced: \$0.40
Free: NO COST

Lunch includes;

entree, 1% fat unflavored or skim chocolate milk, vegetable, and fresh Fruit

Add funds

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MONDAY

1ST

NO SCHOOL - HOLIDAY

TUESDAY

2ND **Hot Entree** –Beef and Cheese Taco with Rice

Vegetable –Pinto Beans and Corn

WEDNESDAY

3RD **Hot Entree** – Popcorn Chicken with Ketchup and Dinner Roll

Vegetable – Tater Tots and Broccoli

THURSDAY

4TH **Hot Entree** –Hot Dog (Turkey)

Vegetable – Green Beans and Diced Carrots

FRIDAY

5TH **Hot Entree** –Papa Johns Cheese Pizza (V)

Vegetable – Broccoli and Diced Carrots

8TH **Hot Entree** – BBQ Chicken Sandwich

Vegetable – Wedge Cut Fries and Broccoli

9TH **Hot Entree** – Chicken Fajita Walking Taco

Vegetable – Pinto Beans and Corn

10TH **Hot Entree** – Grilled Cheese (V)

Vegetable– Sweet Potato Fries and Celery

11TH **Hot Entree** – Chicken Parmesan Penne Pasta with Dinner Roll

Vegetable – Marinara Sauce and Green Beans

12TH

NO SCHOOL

15TH **Hot Entree** – Breaded Chicken Sandwich

Vegetable – Crinkle Cut Fries and Green Beans

16TH **Hot Entree** –Beef and Chile Burrito

Vegetable – Pinto Beans and Sugar Snap Peas

17TH **Hot Entree** – Popcorn Chicken with BBQ Sauce and Dinner Roll

Vegetable – Green Beans and Broccoli

18TH **Hot Entree** – Chicken Teriyaki Ramen Bowl (NEW!)

Vegetable – Mixed Vegetables and Diced Carrots

19TH

NO SCHOOL – STAFF WORK DAY

22ND **Hot Entree** –Beef Burger with Pepper Jack Cheese

Vegetable – Tater Tots and Corn

23RD **Hot Entree** – Chicken Tenders with Honey Mustard Dip and Dinner Roll

Vegetable – Broccoli and Pinto Beans

24TH **Hot Entree** – Spaghetti with Beef Meatsauce

Vegetable– Marinara Sauce and Green Beans

25TH **Hot Entree** – Korean Chicken Rice Bowl

Vegetable– Corn and Green Beans

26TH

NO SCHOOL

29TH **Hot Entree** –Mini Corn Dogs (Chicken)

Vegetable– Green Beans and Pinto Beans

30TH **Hot Entree** –Hot Turkey and Cheese Sandwich

Vegetable– Corn and Green Beans



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SECOND LUNCH: \$4.50

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